

The Tamattu' Hajj (al-Hajj at-Tamattu')

Upon arrival in Makkah	- 'Umrah (Tawaaf al-Qudoom)
8th Dhul-Hijjah	- Ihraam Stay in Minaa
9th Dhul-Hijjah	- Stand in 'Arafah Stay in Muzdalifah
10th Dhul-Hijjah	- Stoning Sacrifice Shave Head Tawaaf al-Ifaadhaah
11th, 12th, 13th Dhul-Hijjah	- Stay in Minaa for Stoning
Upon departure from Makkah	- Tawaaf al-Wadaa'

'Umrah (Tawaaf al-Qudoom)

Proceed to appropriate Meeqaat.
On entering state of Ihraam recite -

لَبَّيْكَ اللَّهُمَّ بِعُمْرَةٍ

In fear of not completing the 'Umrah, recite -

اللَّهُمَّ مَحَلِّي حَيْثُ حَبَسْتَنِي

Standing, face the Qiblah and recite -

اللَّهُمَّ هَذِهِ عُمْرَةٌ لَا رِبَاءَ فِيهَا وَلَا سَمْعَةَ

Then loudly recite the talbiyah -

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ

لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ

لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

also from the talbiyah, recite -

لَبَّيْكَ إِلَهَ الْحَقِّ

Upon entering al-Masjid al-Haram with the right foot, recite -

اللَّهُمَّ صَلِّ عَلَيَّ مُحَمَّدًا وَسَلِّم

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Starting at al-Hajar al-Aswad [1], men only - uncover right shoulder by placing Ihraam underneath right arm-pit.

When beginning each circuit, make a sign with your right hand towards al-Hajar al-Aswad [2], and recite -

اللَّهُ أَكْبَرُ

Make seven circuit's of Ka'bah [3] (for first three circuit's only, men only - swiftly walk around the Ka'bah; Then begin fourth circuit, walking at normal pace completely around & finish until seventh circuit). During each circuit, whilst between ar-Rukn al-Yamaanee [4] & al-Hajar al-Aswad, recite -

{ رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي

الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ }

Cover right shoulder, then go behind Station of Ibraaheem and recite -

{ وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلِّينَ }

Behind Station of Ibraaheem - if possible, otherwise anywhere within al-Masjid al-Haram: Pray two rak'ah naafilah; In first rak'ah recite Soorah al-Kaafiroon & in second rak'ah, Soorah al-Ikhlaas. Then go to Zam-Zam well & drink from it, then pour some water over head. Return to al-Hajar al-Aswad & make a sign with your right hand towards it for the last time [2], & recite -

اللَّهُ أَكْبَرُ

Begin Sa'ee at as-Safaa. At foot of as-Safaa recite -

{ إِنَّ الصَّفَا وَالْمَرْوَةَ مِنَ شَعَائِرِ اللَّهِ

فَمَنْ حَجَّ الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ

عَلَيْهِ أَنْ يَطُوفَ بِهِمَا وَمَنْ تَطَوَّعَ

خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ }

نَبِّدُوا بِمَا بَدَأَ اللَّهُ بِهِ

Each time upon as-Safaa and al-Marwah facing Ka'bah, recite -

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ

لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ يُحْيِي وَ

يُمِيتُ وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ؛

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ

أَنْجَزَ وَعَدَهُ وَ نَصَرَ عَبْدَهُ

وَ هَزَمَ الْأَحْزَابَ وَحْدَهُ

- three times, making du'aa after first & second recitation only.

Between the walk from as-Safaa to al-Marwah & al-Marwah to as-Safaa, it is permissible to recite -

رَبِّ اغْفِرْ وَ ارْحَمْ، إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Complete walk from as-Safaa to al-Marwah (one circuit), then al-Marwah to as-Safaa (second circuit) & continue for seven circuits, finishing at al-Marwah. Upon encountering green lights, men only - run from one light to other light.

Upon leaving al-Masjid al-Haram with the left foot, recite -

اللَّهُمَّ صَلِّ عَلَيَّ مُحَمَّدًا وَ سَلِّم

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

Finally, men: cut hair equally from all over head - best, or shave head; women: cut one-third finger length of hair. Remove Ihraam, as all restrictions are now lifted - & await morning of 8th of Dhul-Hijjah.

8th day of Dhul-Hijjah (Yawm at-Tarwiyah)

Between the time period of after Fajr until before Zuhr:

Ihraam

Enter state of Ihraam [5]; Make intention for Hajj, reciting -

لَبَّيْكَ اللَّهُمَّ بِحَجٍّ

In fear of not completing the Hajj, recite -

اللَّهُمَّ مَحَلِّي حَيْثُ حَبَسْتَنِي

Standing, face the Qiblah & recite -

اللَّهُمَّ هَذِهِ حَجَّةٌ لَا رِبَاءَ فِيهَا وَ لَا سَمْعَةَ

Then loudly recite the talbiyah -

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ

لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ

لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

also from the talbiyah, recite -

لَبَّيْكَ إِلَهَ الْحَقِّ

Stay in Minaa

Calmly proceed to Minaa - pray Zuhr, 'Asr, Maghrib & 'Ishaa in shortened form but not combined [6].

9th day of Dhul-Hijjah (Yawm 'Arafah)

Stand in 'Arafah

Pray Fajr, then, after sunrise, calmly proceed to 'Arafah. It is permissible to continue to recite the talbiyah -

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ

لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ

لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

and also proclaim the Greatness of Allaah by reciting -

اللَّهُ أَكْبَرُ

Stopover at Namirah [7] & remain there until after Zawaal (sun at highest point - no shadow). Then calmly proceed to 'Uranah [8] & listen to the Khutbah. At the time of Zuhr, pray Zuhr & 'Asr (in shortened form & combined), after one Adhaan & two Iqaamah's. Do not pray anything between these two prayers, nor pray anything after 'Asr.

Then calmly proceed to 'Arafah, remaining there until sunset.

Stand upon the rocks at the bottom of the Mount of Mercy (Jabal ar-Rahmah); If not, then all of 'Arafah is a standing place. Facing the Qiblah, with raised hands, supplicate & also recite the talbiyah -

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ

لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ

لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

It is encouraged to frequently recite the following -

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ

لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ يُحْيِي وَ

يُمِيتُ وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

- this is the best supplication to recite on this great day.

After sunset, calmly proceed to Muzdalifah.

Stay in Muzdalifah

Pray Maghrib & combine it with 'Ishaa in shortened form [6], after one Adhaan & two Iqaamah's.

Do not pray anything between these two prayers, nor pray anything after the Witr.

Go to sleep until Fajr.

10th day of Dhul-Hijjah (Yawm an-Nahr)

Pray Fajr at its earliest time.

Calmly proceed to al-Mash'ar al-Haram [9], ascend upon it. If not possible, then all of Muzdalifah is a standing place.

Facing Qiblah, praise Allaah by reciting -

الْحَمْدُ لِلَّهِ

- and proclaim the Greatness of Allaah by reciting -

اللَّهُ أَكْبَرُ

- then proclaim the Oneness of Allaah by reciting -

لَا إِلَهَ إِلَّا اللَّهُ

- and finally, supplicate until the visibility of the yellow glow of the sun - before sunrise.

Before sunrise, calmly proceed to Minaa [10], reciting the talbiyah -

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ

لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ

لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

Stoning

In Minaa, pick stones - seven required [11].

Between the time period of after sunrise until the night, calmly proceed to Jamarah al-'Aqabah al-Kubraa [15] for stoning. Facing Jamarah, with Makkah to your left & Minaa to your right, throw each of the seven stones at Jamarah reciting -

اللَّهُ أَكْبَرُ

- after each throw.

After stoning, remove Ihraam, as all restrictions are now lifted except sexual intercourse.

If al-Hadee sacrificial ticket has been purchased, this is a permissible alternative, otherwise, calmly proceed to slaughter house in Minaa for sacrifice [12].

Sacrifice

Lie animal down on its left side, facing Qiblah. Place your right foot upon its right side. Upon slaughtering, recite -

بِسْمِ اللَّهِ وَ اللَّهُ أَكْبَرُ، اللَّهُمَّ إِنَّ

هَذَا مِنْكَ وَ لَكَ، اللَّهُمَّ تَقَبَّلْ مِنِّي

As for a camel, approach it while it is standing facing Qiblah, and spear it in the neck from below, making the same supplication, as above.

Shave Head

After slaughter, men: shave head - best, or cut hair equally from all over head; women: cut one-third finger length of hair.

Calmly proceed to Makkah to perform Tawaaf al-Ifaadhaah.

4 **Tawaaf al-Ifaadhah**
Upon entering al-Masjid al-Haram with the right foot, recite -

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ سَلِّم
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

No Ihraam required. Start at al-Hajar al-Aswad [1].
When beginning each circuit, make a sign with your right hand towards al-Hajar al-Aswad [2], & recite -

اللَّهُ أَكْبَرُ

Walking at normal pace, make seven circuit's of Ka'bah [3].
During each circuit, whilst between ar-Rukn al-Yamaanee [4] & al-Hajar al-Aswad, recite -

{ رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَ فِي
الْآخِرَةِ حَسَنَةً وَ قِنَا عَذَابَ النَّارِ }

Then go behind Station of Ibraaheem and recite -

{ وَ اتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلِّينَ }

Behind Station of Ibraaheem - if possible, otherwise anywhere within al-Masjid al-Haram: Pray two rak'ah naafilah; In first rak'ah recite Soorah al-Kaafiroon & in second rakaah, Soorah al-Ikhlās. Then go to Zam-Zam well & drink from it, then pour some water over head. Return to al-Hajar al-Aswad & make a sign with your right hand towards it for the last time [2], & recite -

اللَّهُ أَكْبَرُ

Allaah is the Greatest.

Begin Sa'ee at as-Safaa. At foot of as-Safaa recite -

{ إِنَّ الصَّفَا وَ الْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ
فَمَنْ حَجَّ الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ
عَلَيْهِ أَنْ يَطُوفَ بِهِمَا وَ مَنْ تَطَوَّعَ
خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ }

نَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

Each time upon as-Safaa & al-Marwah facing Ka'bah, recite -

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ يُحْيِي وَ
يُمِيتُ وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ؛
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
أَنْجَزَ وَعَدَهُ وَ نَصَرَ عَبْدَهُ
وَ هَزَمَ الْأَحْزَابَ وَحْدَهُ

- three times, making du'aa after first & second recitation only.

Between the walk from as-Safaa to al-Marwah & al-Marwah to as-Safaa, it is permissible to recite -

رَبِّ اغْفِرْ وَ ارْحَمْ، إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Complete walk from as-Safaa to al-Marwah (one circuit), then al-Marwah to as-Safaa (second circuit) & continue for seven circuits, finishing at al-Marwah. Upon encountering green lights, men only - run from one light to other light.

Upon the completion of the Sa'ee, all restrictions are now lifted including sexual intercourse.

Upon leaving al-Masjid al-Haram with the left foot, recite -

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ سَلِّم
اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

11th, 12th and 13th days of Dhul-Hijjah

(Ayyaam at-Tashreeq)

Stay in Minaa for stoning

From the time period between after Zawaal (sun at highest point - no shadow) until the night, stone all three Jamarahs.

5 Pick stones - twenty one required per day [11].

Facing first Jamarah, as-Sughraa [13], with Makkah to your left & Minaa to your right, throw each of the seven stones at Jamarah reciting -

اللَّهُ أَكْبَرُ

- after each throw.

After stoning first Jamarah, face Qiblah (with first Jamarah to your right), raise hands & supplicate as you wish.

Then, calmly proceed to second Jamarah.

Facing second Jamarah, al-Wustaa [14], with Makkah to your left & Minaa to your right, throw each of the seven stones at Jamarah reciting -

اللَّهُ أَكْبَرُ

- after each throw.

After stoning second Jamarah, face Qiblah (with second Jamarah to your right), raise hands & supplicate as you wish.

Then, calmly proceed to third Jamarah.

Facing third Jamarah, al-'Aqabah al-Kubraa [15], with Makkah to your left & Minaa to your right, throw each of the seven stones at Jamarah reciting -

اللَّهُ أَكْبَرُ

- after each throw.

After stoning third & final Jamarah, move onwards without supplicating.

After final stoning on 13th day of Dhul-Hijjah [16], calmly exit Minaa and proceed to Makkah.

Before final departure from Makkah, perform Tawaaf al-Wadaa' (Farewell Tawaaf) as your last act.

Tawaaf al-Wadaa'

Upon entering al-Masjid al-Haram with the right foot, recite -

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ سَلِّم
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

No Ihraam required. Start at al-Hajar al-Aswad [1].
When beginning each circuit, make a sign with your right hand towards al-Hajar al-Aswad [2], & recite -

اللَّهُ أَكْبَرُ

Walking at normal pace, make seven circuit's of Ka'bah [3].
During each circuit, whilst between ar-Rukn al-Yamaanee [4] and al-Hajar al-Aswad, recite -

{ رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَ فِي
الْآخِرَةِ حَسَنَةً وَ قِنَا عَذَابَ النَّارِ }

Upon completion of Tawaaf al-Wadaa', you are free to depart to your home.

There is nothing further required of you from the rituals of Hajj.

Upon leaving al-Masjid al-Haram with the left foot, recite -

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ سَلِّم
اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

The Signs of an Accepted Hajj or 'Umrah

Question: Are there any signs which appear upon those whose performance of the Hajj or the 'Umrah is accepted?

Response: It is possible for there to be signs for the one whose Hajj, fasting, charity or prayer has been accepted by Allaah and they are: the opening of the heart (to good), happiness of the heart and a lighted face. Certainly, for worshipping (Allaah) there are signs that appear on the body, signs that are visible and signs that are hidden. Some of the Pious Predecessors have mentioned that from the signs that a good (act) has been accepted (by Allaah) is that he will be granted the towfeeq to do (yet) another good (act).

Certainly the towfeeq of Allaah for him to do more good (acts) after it, is evidence that Allaah ('Azza wa Jall) has accepted his previous good (acts). He has made it easy for him to do another good act and is happy with him for it.

Shaykh Ibn 'Uthaymeen

Daleel al-Akhtaa'a yaqa'a feehaa al-Haaj wal-Mu'tamir wat-tahdtheer minhaa - Page 115

(May Allaah the Almighty have mercy upon him)

by Shaykh Muhammad Naasiruddaan al-Albaanee

Manaa'sik al-Hajj wal-'Umrah

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as-Sabt 27th Dhul-Qi'dah 1417AH / Saturday 5th April 1997

{ رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَ لِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ }

"Our Lord! Forgive me & my parents, & the believers on the Day when the reckoning will be established." Soorah Ibraaheem, Aayah 41

It is strongly advised to study the respective book "Manaa'sik al-Hajj wal-'Umrah" (from which all references are available) before performing the Hajj & 'Umrah rites.

Abu Hurayrah (radhi-yAllaahu 'anhu) reported that the Prophet (sal-Allaahu 'alayhe wa sallam) said: «**From one 'Umrah to the next is an expiation for any sins committed in between, & the reward for an accepted Hajj is nothing less than Paradise.**»
Reported by al-Bukhaaree and Muslim.

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...feed the poor and needy (sadaqah),

...serve the ummah is an honour for us!

...feed the poor and needy (sadaqah),

...serve the ummah is an honour for us!

redemption for legislated errors in hajj & 'umrah (fiyadah)

[1] If possible, placing to area between the corner of al-Hajar al-Aswad & the door, placing the chest, face & forearms upon this area.

[2] If possible, touch al-Hajar al-Aswad with the right hand & also kiss al-Hajar al-Aswad, then prostrate on it - this is best; if not, simply make a sign towards it with the right hand.

[3] There is no specific du'aa during the walk around the Ka'bah, apart from what has been mentioned for between ar-Rukn al-Yamaanee to al-Hajar al-Aswad. You can therefore recite the Quraan or any du'aa as you please.

[4] If possible, touch ar-Rukn al-Yamaanee each time (but do not kiss it) - this is best; if not, then do not make any sign towards it.

[5] From wherever you are residing - hotel, house, etc.

[6] Pray two Fard each for Zuhur, Asr & 'Isha. Maghrib is not shortened, & remains three Fard. 'Isha to be followed by Witir.

[7] A place close to 'Arafah - there is now a Masjid there. If this is not possible, it is permissible to proceed to 'Arafah.

[8] A place closer to 'Arafah than Nimirah. If this is not possible, it is permissible to proceed to 'Arafah.

[9] A mountain in Muzdalifah.

[10] If you pass through valley of Mухassar, then hurry through it.

[11] They must not be bigger than a chick-pea (approx. 1cm across).

[12] Or any other appropriate place.

[13] The one closest to Masjid al-Khayf.

[14] The middle one of the three.

[15] The one nearest to Makkah.

[16] It is permissible to perform Tawaaf al-Wadaa' on 12th day of Dhul-Hijjah (as long as you leave Minaa before sunset), thus missing the recommended (but not compulsory) third day of stoning.

Footnotes