

Proceed to appropriate Meeqaat.
On entering state of Ihraam recite -

لَيْتَكَ اللَّهُمَّ بِعُمْرَةٍ

In fear of not completing the 'Umrah, recite -

اللَّهُمَّ مَحَلِّي حَيْثُ حَبَسْتَنِي

Standing, face the Qiblah and recite -

اللَّهُمَّ هَذِهِ عُمْرَةٌ لَأَرْيَا فِيهَا وَلَا سَمْعَةَ

Then loudly recite the talbiyah -

لَيْتَكَ اللَّهُمَّ لَيْتَكَ، لَيْتَكَ لَا شَرِيكَ لَكَ لَيْتَكَ
إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

also from the talbiyah, recite -

لَيْتَكَ إِلَهَ الْحَقِّ

Upon entering al-Masjid al-Haram with the right foot, recite -

اللَّهُمَّ صَلِّ عَلَيَّ مُحَمَّدًا وَسَلِّمْ
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Starting at al-Hajar al-Aswad [1], men only - uncover right shoulder by placing Ihraam underneath right arm-pit. When beginning each circuit, make a sign with your right hand towards al-Hajar al-Aswad [2], and recite -

الله أكبر

Make seven circuit's of Ka'bah [3] (for first three circuit's only, men only - swiftly walk around the Ka'bah; Then begin fourth circuit, walking at normal pace completely around & finish until seventh circuit). During each circuit, whilst between ar-Rukn al-Yamaanee [4] & al-Hajar al-Aswad, recite -

{رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَ فِي
الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ}

Cover right shoulder, then go behind
Station of Ibraaheem and recite -

{وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى}

Behind Station of Ibraaheem - if possible, otherwise anywhere within al-Masjid al-Haram: Pray two rak'ah naafilah; In first rak'ah recite Soorah al-Kaafiroon & in second rak'ah, Soorah al-Ikhlâas. Then go to Zam-Zam well & drink from it, then pour some water over head. Return to al-Hajar al-Aswad & make a sign with your right hand towards it for the last time [2], & recite -

الله أكبر

Begin Sa'ee at as-Safaa. At foot of as-Safaa recite -

{إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ حَجَّ
الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطُوفَ بِهِمَا
وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ}

نَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

Each time upon as-Safaa and al-Marwah facing Ka'bah, recite -

الله أكبر، الله أكبر، الله أكبر، لَا إِلَهَ إِلَّا اللَّهُ
وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ
يُحْيِي وَ يُمِيتُ وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ؛
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ أَنْجَزَ وَعَدَهُ
وَ نَصَرَ عَبْدَهُ وَ هَزَمَ الْأَحْزَابَ وَحْدَهُ

- three times, making du'aa after first & second recitation only.

Between the walk from as-Safaa to al-Marwah & al-Marwah to as-Safaa, it is permissible to recite -

رَبِّ اغْفِرْ وَ ارْحَمْ، إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Complete walk from as-Safaa to al-Marwah (one circuit), then al-Marwah to as-Safaa (second circuit) & continue for seven circuits, finishing at al-Marwah. Upon encountering green lights, men only - run from one light to other light.

Upon leaving al-Masjid al-Haram with the left foot, recite -

اللَّهُمَّ صَلِّ عَلَيَّ مُحَمَّدًا وَسَلِّمْ
اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

Finally, men: cut hair equally from all over head, or shave head - best; women: cut one-third finger length of hair. Remove Ihraam, as all restrictions are now lifted.

Proceed to appropriate Meeqaat.
On entering state of Ihraam recite -

لَيْتَكَ اللَّهُمَّ بِعُمْرَةٍ

In fear of not completing the 'Umrah, recite -

اللَّهُمَّ مَحَلِّي حَيْثُ حَبَسْتَنِي

Standing, face the Qiblah and recite -

اللَّهُمَّ هَذِهِ عُمْرَةٌ لَأَرْيَا فِيهَا وَلَا سَمْعَةَ

Then loudly recite the talbiyah -

لَيْتَكَ اللَّهُمَّ لَيْتَكَ، لَيْتَكَ لَا شَرِيكَ لَكَ لَيْتَكَ
إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

also from the talbiyah, recite -

لَيْتَكَ إِلَهَ الْحَقِّ

Upon entering al-Masjid al-Haram with the right foot, recite -

اللَّهُمَّ صَلِّ عَلَيَّ مُحَمَّدًا وَسَلِّمْ
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Starting at al-Hajar al-Aswad [1], men only - uncover right shoulder by placing Ihraam underneath right arm-pit. When beginning each circuit, make a sign with your right hand towards al-Hajar al-Aswad [2], and recite -

الله أكبر

Make seven circuit's of Ka'bah [3] (for first three circuit's only, men only - swiftly walk around the Ka'bah; Then begin fourth circuit, walking at normal pace completely around & finish until seventh circuit). During each circuit, whilst between ar-Rukn al-Yamaanee [4] & al-Hajar al-Aswad, recite -

{رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَ فِي
الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ}

Cover right shoulder, then go behind
Station of Ibraaheem and recite -

{وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى}

Behind Station of Ibraaheem - if possible, otherwise anywhere within al-Masjid al-Haram: Pray two rak'ah naafilah; In first rak'ah recite Soorah al-Kaafiroon & in second rak'ah, Soorah al-Ikhlâas. Then go to Zam-Zam well & drink from it, then pour some water over head. Return to al-Hajar al-Aswad & make a sign with your right hand towards it for the last time [2], & recite -

الله أكبر

Begin Sa'ee at as-Safaa. At foot of as-Safaa recite -

{إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ حَجَّ
الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطُوفَ بِهِمَا
وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ}

نَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

Each time upon as-Safaa and al-Marwah facing Ka'bah, recite -

الله أكبر، الله أكبر، الله أكبر، لَا إِلَهَ إِلَّا اللَّهُ
وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ
يُحْيِي وَ يُمِيتُ وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ؛
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ أَنْجَزَ وَعَدَهُ
وَ نَصَرَ عَبْدَهُ وَ هَزَمَ الْأَحْزَابَ وَحْدَهُ

- three times, making du'aa after first & second recitation only.

Between the walk from as-Safaa to al-Marwah & al-Marwah to as-Safaa, it is permissible to recite -

رَبِّ اغْفِرْ وَ ارْحَمْ، إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Complete walk from as-Safaa to al-Marwah (one circuit), then al-Marwah to as-Safaa (second circuit) & continue for seven circuits, finishing at al-Marwah. Upon encountering green lights, men only - run from one light to other light.

Upon leaving al-Masjid al-Haram with the left foot, recite -

اللَّهُمَّ صَلِّ عَلَيَّ مُحَمَّدًا وَسَلِّمْ
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Finally, men: cut hair equally from all over head, or shave head - best; women: cut one-third finger length of hair. Remove Ihraam, as all restrictions are now lifted.

Proceed to appropriate Meeqaat.
On entering state of Ihraam recite -

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In fear of not completing the 'Umrah, recite -

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Standing, face the Qiblah and recite -

اللَّهُمَّ هَذِهِ عُمْرَةٌ لَأَرْيَا فِيهَا وَلَا سَمْعَةَ

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also from the talbiyah, recite -

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(May Allaah the Almighty have mercy upon him)

رَبِّهِ الْعَلِيِّ الرَّحْمَنِ

by Shaykh Muhammad Naasiruddeen al-Albaanee

Manaaṣik al-Hajj wal-'Umrah

Extracted from the book -

the Authentic Sunnah

According to the Quraan and

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“Simple Umrah Guide” concept, translation and production by:
Abu Hafṣ Mahfuz Abdur-Rahmaan and
Abu 'Abdullaah Mohammed Akhtar Chaudhry
Islaamic University of Madeenah
al-Jumu'ah 16th Ramadhan 1415AH
Friday 17th March 1995

{ رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ }

“Our Lord! Forgive me & my parents, & the believers on the Day when the reckoning will be established.” Soorah Ibraaheem, Aayah 41

It is strongly advised to study the respective book “Manaaṣik al-Hajj wal-'Umrah” (from which all references are available) before performing the Hajj & 'Umrah rites.

Abu Hurayrah (radhi-yAllaahu 'anhu) reported that the Prophet (sal-Allaahu 'alayhe wa sallam) said: **«From one 'Umrah to the next is an expiation for any sins committed in between, & the reward for an accepted Hajj is nothing less than Paradise».**
Reported by al-Bukhaaree and Muslim.

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servicing the ummah is an honour for us!

...feed the poor and needy (sadaqaah),
pay your expiation/compensation (kaffaarah),
feed the fasting person (iftaar as-saa.im)
redemption for legislated errors in hajj & 'umrah (fidyah)

wat-tahdhtheer minhaa - Page 115

Daleel al-Akhṭaa'a yaqaa'a Feehaa al-Haaj wal-Mu'tamir

Shaykh Ibn 'Uthaymeen

is happy with him for it.

That a good (act) has been accepted (by Allaah) is that he will be granted the toweeq to do (yet) another good (act).

Some of the Pious Predecessors have mentioned that from the signs appear on the body, signs that are visible and signs that are hidden.

lighted face. Certainly, for worshipping (Allaah) there are signs that the opening of the heart (to good), happiness of the heart and a

fasting, charity or prayer has been accepted by Allaah and they are:

Response: It is possible for there to be signs for the one whose Hajj,

performance of the Hajj or the 'Umrah is accepted?

Question: Are there any signs which appear upon those whose

The Signs of an Accepted Hajj or 'Umrah

[4] If possible, touch ar-Rukn al-Yamaaneeh each time (but do not kiss it) - this is best; if not, then do not make any sign towards it.

Quraan or any du'aa as you please.

apart from what has been mentioned for between ar-Rukn al-Yamaaneeh to al-Hajar al-Aswad. You can therefore recite the

simply make a sign towards it with the right hand.

[2] If possible, touch al-Hajar al-Aswad with the right hand & also kiss al-Hajar al-Aswad, then prostrate on it - this is best; if not, then touch it with the right hand then kiss the right hand; if not,

[1] If possible, cling to area between the corner of al-Hajar al-Aswad & the door, placing the chest, face & forearms upon this area.

Footnotes

(May Allaah the Almighty have mercy upon him)

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[1] If possible, cling to area between the corner of al-Hajar al-Aswad & the door, placing the chest, face & forearms upon this area.

Footnotes

(May Allaah the Almighty have mercy upon him)

رَبِّهِ الْعَلِيِّ الرَّحْمَنِ

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Extracted from the book -

the Authentic Sunnah

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Guide

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Friday 17th March 1995

{ رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ }

“Our Lord! Forgive me & my parents, & the believers on the Day when the reckoning will be established.” Soorah Ibraaheem, Aayah 41

It is strongly advised to study the respective book “Manaaṣik al-Hajj wal-'Umrah” (from which all references are available) before performing the Hajj & 'Umrah rites.

Abu Hurayrah (radhi-yAllaahu 'anhu) reported that the Prophet (sal-Allaahu 'alayhe wa sallam) said: **«From one 'Umrah to the next is an expiation for any sins committed in between, & the reward for an accepted Hajj is nothing less than Paradise».**
Reported by al-Bukhaaree and Muslim.

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wat-tahdhtheer minhaa - Page 115

Daleel al-Akhṭaa'a yaqaa'a Feehaa al-Haaj wal-Mu'tamir

Shaykh Ibn 'Uthaymeen

is happy with him for it.

That a good (act) has been accepted (by Allaah) is that he will be granted the toweeq to do (yet) another good (act).

Some of the Pious Predecessors have mentioned that from the signs appear on the body, signs that are visible and signs that are hidden.

lighted face. Certainly, for worshipping (Allaah) there are signs that the opening of the heart (to good), happiness of the heart and a

fasting, charity or prayer has been accepted by Allaah and they are:

Response: It is possible for there to be signs for the one whose Hajj,

performance of the Hajj or the 'Umrah is accepted?

Question: Are there any signs which appear upon those whose

The Signs of an Accepted Hajj or 'Umrah

[4] If possible, touch ar-Rukn al-Yamaaneeh each time (but do not kiss it) - this is best; if not, then do not make any sign towards it.

Quraan or any du'aa as you please.

apart from what has been mentioned for between ar-Rukn al-Yamaaneeh to al-Hajar al-Aswad. You can therefore recite the

simply make a sign towards it with the right hand.

[2] If possible, touch al-Hajar al-Aswad with the right hand & also kiss al-Hajar al-Aswad, then prostrate on it - this is best; if not, then touch it with the right hand then kiss the right hand; if not,

[1] If possible, cling to area between the corner of al-Hajar al-Aswad & the door, placing the chest, face & forearms upon this area.

Footnotes